Polyarginine Interacts More Strongly and Cooperatively than Polylysine

With Phospholipid Bilayers

Aaron D. Robison¹, Simou Sun³, Matthew F. Poyton¹, Gregory A. Johnson², Jean-Philippe Pellois¹,², Pavel Jungwirth⁵,⁶*, Mario Vazdar⁷,⁶*, Paul S. Cremer³,⁴*

July 30, 2016

¹Department of Chemistry, ²Department of Biochemistry and Biophysics, Texas A&M University, College Station, TX, 77843

³Department of Chemistry, ⁴Department of Biochemistry and Molecular Cell Biology, The Pennsylvania State University, University Park, Pennsylvania 16802, United States

⁵Institute of Organic Chemistry and Biochemistry, Academy of Sciences of the Czech Republic, Flemingovo nám. 2, 16610 Prague 6, Czech Republic

⁶Department of Physics, Tampere University of Technology, P.O. Box 692, FI-33101 Tampere, Finland

⁷Division of Organic Chemistry and Biochemistry, Rudjer Bošković Institute, P.O.B. 180, HR-10002 Zagreb, Croatia

*E-mail: pavel.jungwirth@uochb.cas.cz, mario.vazdar@irb.hr, and psc11@psu.edu

*Telephone: P.J. (420 220 410 314) M.V. (385 1 4561 008) P.S.C (814-865-6259)
Abstract

The interactions of two highly positively charged short peptide sequences with negatively charged lipid bilayers were explored by fluorescence binding assays and all-atom molecular dynamics simulations. The bilayers consisted of mixtures of phosphatidylglycerol (PG), phosphatidylcholine (PC) lipids as well as a fluorescence probe that was sensitive to the interfacial potential. The first peptide contained nine arginine repeats (Arg$_9$) and the second one had nine lysine repeats (Lys$_9$). The experimentally determined apparent dissociation constants and Hill cooperativity coefficients demonstrated that the Arg$_9$ peptides exhibited weakly anti-cooperative binding behavior at the bilayer interface at lower PG concentrations, but this anti-cooperative effect vanished once the bilayers contained at least 20 mol% PG. By contrast, Lys$_9$ peptides showed strongly anti-cooperative binding behavior at all PG concentrations and the dissociation constants with Lys$_9$ were approximately two orders of magnitude higher than with Arg$_9$. Moreover, only arginine rich peptides could bind to the phospholipid bilayers containing just phosphatidylcholine lipids. These results along with the corresponding molecular dynamics simulations suggested two important distinctions between the behavior of Arg$_9$ and Lys$_9$ that led to these striking differences in binding and cooperativity. First, the interactions of the guanidinium moieties on the Arg side chains with the phospholipid head groups were stronger than for the amino group. This helped facilitate stronger Arg$_9$ binding at all PG concentrations that were tested. However, at PG concentrations of 20 mol% or greater, the Arg$_9$ peptides came into sufficiently close proximity with each other that favorable like charge pairing between the guanidinium moieties could just offset the long range electrostatic repulsions. This led to Arg$_9$ aggregation at the bilayer surface. By contrast, Lys$_9$ molecules experienced electrostatic repulsion from each other at all concentrations. These insights may help explain the propensity for cell penetrating peptides containing arginine to more effectively cross cell membranes in comparison with lysine rich peptides.
1. Introduction

Many proteins and peptides contain amino acid sequences rich in arginine and lysine residues that can interact strongly with negatively charged phospholipids such as phosphatidylglycerol. For example, antimicrobial peptides (AMPs) excreted from eukaryotic cells exploit electrostatic interactions with charged bacterial membranes in order to lyse them. This strategy exploits the preferential interactions of these short, positively charged peptide sequences with their negatively charged bacterial membrane targets compared with zwitterionic eukaryotic membranes. Another class of short peptides that contain positively charged moieties is cell-penetrating peptides (CPPs), which help transport molecular cargo across membranes. It is known that there is great diversity in the putative modes of operation for AMPs and CPPs with membranes and the mechanisms of action are still a matter of considerable debate. Significantly, the efficacy of such peptides is known to depend on whether they contain multiple arginine rather than lysine residues in their sequences. In fact, peptides containing just lysine residues are not believed to penetrate the bilayer nearly as effectively as those containing arginine, although even peptides containing lysine residues are known to have both electrostatic and hydrophobic interactions with membrane lipids. As such, we wished to interrogate the differences in the interactions of simple arginine and lysine sequences to understand their interactions with PG-rich membranes.

Although the initial interactions of CPPs with plasma membranes are driven by electrostatics, the discovery that arginine residues enhance internalization over lysine suggests that the guanidinium moiety plays a crucial role in this process. Indeed, guanidinium is capable of forming bidentate hydrogen bonds with negatively charged species in the membrane, such as phosphate groups, which reduces the polarity of the guanidinium group and aids in membrane internalization. By contrast, lysine moieties contain a positively charged amino group that forms only single hydrogen bonds with anionic membrane components. Additionally, the electrostatic interactions between arginine residues are attenuated by bidentate counterion scavenging.

In the experiments reported below, thermodynamic binding data was obtained for Lys and Arg peptides with supported lipid bilayers containing 0 to 30 mol% PPG (1-palmitoyl-2-oleoyl-sn-glycero-3-phosphoglycerol). Incorporation of 0.5 mol% of a pH-sensitive fluorophore into the bilayer enabled the association of unlabeled peptides to be monitored. The results demonstrated that Arg interacted with PG-containing membranes with a K value that was roughly two orders of magnitude lower than for
Lys₉. This result stems, in part, from the fact that Arg₉ can bind more tightly to lipid head groups than Lys₉. Moreover, the lysine-containing peptides showed strongly anti-cooperative binding behavior, while the anti-cooperative effects with Arg₉ were much weaker. In fact, at sufficiently high POPG concentrations, no anti-cooperative binding was seen for the arginine rich sequences. Corresponding molecular dynamics simulations confirmed these findings. Such results suggest that short-range attractive forces between Arg₉ molecules are roughly as strong as long-range electrostatic repulsions when these peptides come to within close enough proximity. This should be due to favorable guanidinium ion pair formation over short distances.¹⁴⁻¹⁷ This is quite different from lysine, where electrostatic repulsions for the amino group interactions appear to dominate at all length scales. Figure 1a illustrates the interactions of Arg₉ with supported lipid bilayers containing POPG, while Figure 1b shows the results found with Lys₉.

![Figure 1](image)

**Figure 1.** Schematic diagram for Arg₉ (red) and Lys₉ (yellow) interacting with a supported lipid bilayer containing negatively charged phosphatidylglycerol lipids (dark green). (a) Arg₉ displays much less pronounced anti-cooperative binding behavior, which is consistent with favorable short-range interactions (dashed lines) between the guanidinium moieties on the peptide, whereas (b) Lys₉ experiences strong anti-cooperative binding effects.

**Materials and Methods**

**Preparation of Small Unilamellar Vesicles.** In a first step, the desired phospholipids were mixed in chloroform and then dried by purging with nitrogen gas. The mixtures contained varying amounts of 1-palmitoyl-2-oleoyl-sn-glycero-3-phospho-(1'-rac-glycerol) (sodium salt) (POPG) and 1-palmitoyl-2-oleoyl-
sn-glycero-3-phosphocholine (POPC) as well as 0.5 mol% of the pH-sensitive ortho isomer of rhodamine B (Lissamine rhodamine B sulfonyl chloride, ortho isomer) conjugated to the free amine of POPE (1-hexadecanoyl-2-(9Z-octadecenoyl)-sn-glycero-3-phosphoethanolamine). The mixtures were desiccated under vacuum for three hours before being reconstituted in 10 mM phosphate buffered saline (PBS) containing 150 mM NaCl to a concentration of 0.5 mg/mL. After the lipids were fully dissolved in buffer solution, they were subjected to ten freeze-thaw cycles by successive immersion in liquid nitrogen and warm water. This was followed by at least seven extrusions using a Lipex extruder (Northern Lipids Inc., Vancouver, Canada) through two stacked polycarbonate filters (Whatman) with 100 nm hole diameters. The size of the extruded vesicles was determined by dynamic light scattering (Brookhaven Instruments 90Plus Particle Size Analyzer) with mean sizes falling between 90 and 100 nm and had a polydispersity index of 0.1 to 0.2. Vesicle solutions were stored at 4 °C until use. The structures of the phospholipids employed in these studies are shown in Figure 2.

Figure 2. Structures of (a) POPC, (b) POPG and (c) ortho-rhodamine B POPE.
**Preparation of Peptide Sequences.** H$_2$N-KKKKKKKKK-NH$_2$ (Lys$_9$) and H$_2$N-RRRRRRRR-NH$_2$ (Arg$_9$) were synthesized by traditional Fmoc solid phase peptide synthesis using a Rink amide MBHA resin (Novabiochem). The nascently formed Lys$_9$ and Arg$_9$ were purified by reversed phase C18 HPLC and their masses were confirmed by matrix assisted laser desorption ionization – time of flight (MALDI-TOF) mass spectrometry. A detailed description of the synthetic procedures is provided in the Supporting Information section.

**Preparation of Glass Substrates.** The glass substrates used for supporting fluid lipid bilayers were prepared from Fischer glass cover slips (24 x 40 mm, No. 1.5) by first boiling in a 1:6 solution of 7X cleaning solution (MP) and purified water (Barnstead Nanopure) for at least one hour. This was followed by rinsing profusely with purified water before drying thoroughly with nitrogen gas. The cover slips were then annealed for five hours at 520 °C before being stored until use.

**Fabrication of Flow Cells.** A 1.5 μm thick sheet of polydimethylsiloxane polymer (PDMS) was produced by curing the polymer between two hydrophobized glass slides. A hole was cut into the center of the PDMS sheet and a well was made by pressing it onto a clean glass coverslip. A PDMS stamp, which was cured over a seven-channel microfluidic pattern, was incubated in a 1 mg/mL bovine fibrinogen (MP Biomedicals, Solon, Ohio) solution and then pressed onto the glass cover slip in the well for five minutes before being removed. This left a patterned bovine fibrinogen imprint on the glass. Vesicles were then deposited in the well and incubated for ten minutes before the excess was rinsed away with copious amounts of water. Continuous supported bilayers only formed in the regions lacking the bovine fibrinogen pattern. A second sheet of PDMS with an inlet and an outlet hole was then placed on top of the well, and the entire structure was held together by aluminum plates with two clamps to make a flow cell. Finally, fresh solution was flowed through the device as experiments were performed.

**Flow-Cell and pH Titration Curves.** In a first set of experiments, patterned bilayers were prepared by microcontact patterning with a poly(dimethylsiloxane) stamp.$^{18,19}$ These bilayers contained varying concentrations of POPG in POPC and were placed in the flow cell described in the previous section. A fluorescence micrograph of the corresponding bilayer pattern is shown in Figure S1. Next, solutions of 10 mM PBS containing 150 mM NaCl were adjusted to specific pH values and introduced into the flow cell. Fluorescence images were taken until the intensity stabilized. These values were used to form titration curves of the pH sensitive dye as a function of POPG concentration in the bilayers (Figure S2).
Apparent pKₐ values were extracted from the titration curves as described in the supporting information.

**pH Modulation Sensing.** Monitoring Arg₉ and Lys₉ binding to supported lipid bilayers was performed via pH-modulation sensing,¹³ which affords the ability to investigate the interactions of small basic peptides with negatively charged phospholipid membranes under real-time, continuous flow conditions without labeling the peptides. To perform these experiments, ortho-rhodamine B conjugated POPE was synthesized as described previously²⁰ and employed as a sensor in supported lipid bilayers that contained varying concentrations of POPG. When Lys₉ or Arg₉ adsorbed to the bilayer surface, they caused an increase in the interfacial potential because of their positive charge. This in turn caused the fluorescence response from the pH sensitive dye to attenuate (Figure 3). Bilayers containing 0.5 mol% ortho-rhodamine B POPE and varying amounts of POPG were deposited on annealed glass slides within flow chambers. 10 mM PBS buffer with 150 mM NaCl was flowed through the flow cell until the fluorescence intensity from the bilayer stabilized. Following this, increasing concentrations of peptide were introduced into the flow cell and fluorescence micrographs were taken every five minutes. After the fluorescence stabilized for a given peptide concentration, a higher concentration of peptide was introduced. A 10x air (N.A. = 0.45) objective and a Texas Red filter set (Chroma Technology, Bellows Falls, VT) was used with a Lumen 200 (Prior Scientific) light source to record fluorescence data on an inverted Nikon Eclipse Ti-U fluorescence microscope (Tokyo, Japan) equipped with a ProEM 1024 CCD camera (Princeton Instruments). MetaMorph software (Version 7.7.0.0, Universal Imaging) was employed for fluorescence data analysis.

![Figure 3](image.png)

**Figure 3.** A supported lipid bilayer containing pH sensitive dye (stars) and POPG (dark green) is exposed to a positively charged peptide (orange), thereby recruiting hydroxide ions to the membrane surface and deprotonating the fluorescent reporter.
**Peptide binding assays.** Fluorescence images were taken of supported lipid bilayers in flow cell devices every five minutes to measure the association of Arg9 or Lys9 peptides with the bilayers. 10 mM PBS buffer with 150 mM NaCl at pH 6.8 (or 6.4 with 5 and 0 mol% POPG) was flowed until the fluorescence intensity stabilized. Peptide at the lowest concentration was then introduced and the fluorescence was again monitored until it stabilized. Figure S3 shows the normalized fluorescence intensity as a function of time as increasing concentrations of Lys9 are added to a bilayer containing 30 mol% POPG. It took approximately 15 minutes for the fluorescence to stabilize at the lowest protein concentration, but the stabilization time required was shorter at higher peptide concentrations, as expected. From the data, it was possible to plot the change in fluorescence intensity (ΔF) normalized to the maximum change in fluorescence intensity at a saturating concentration of peptide (ΔFmax) as a function of added peptide concentration. Fitting these plots to isotherms allowed for the extraction of Ka values for the peptides. The measurements were performed for each POPG concentration in the bilayer.

**Total internal reflection fluorescence microscopy.** Total internal reflection fluorescence microscopy (TIRFM) was performed to discriminate between peptides in solution and those bound to the surface of pure POPC bilayers. 5-Carboxytetramethylrhodamine (TAMRA) labeled on the N-terminus of nonaarginine (R9) and nonalysine (K9) were purchased from Genscript. Epifluorescence microscopy (E800 fluorescence microscope, Nikon) was used to obtain fluorescent images of microchannels containing the supported membranes and peptides with a 4x objective. The microchannels used in these experiments were fabricated using standard procedures described in detail in a previous publication. An 8 mW 532 nm solid state laser beam (Dragon Lasers, China) was reflected off the sample surface through a dove prism which, through the use of immersion oil, was optically coupled to the planar coverslip surface. This generated an evanescent wave at the interface which, under the conditions employed, decayed exponentially to its 1/e value within 70 nm of the surface. This allowed measurements of the fluorescence of peptides bound to the supported lipid bilayer as opposed to peptides in bulk solution above the bilayer surface. A Photometrics Sensys CCD camera was used to capture all images, which were stored using Metamorph software from Universal Imaging Corp., and further processed using OriginLab.

**Simulation Details.** Molecular dynamics (MD) simulations were performed in aqueous solutions of Arg9 and Lys9 with a free N-terminus and an amide group capped C-terminus, which matched the peptides
used in the experiments. These peptides were investigated in the presence of POPC and mixed POPC/POPG bilayers. The simulations were run with 150 mM NaCl as well as with 6 or 12 peptides to study the influence of concentration on binding. In order to maintain electroneutrality, an appropriate number of chloride counterions was added to the system. Bilayers containing 128 POPC molecules were constructed such that 64 individual POPC lipids were placed on an 8 x 8 grid thus forming one leaflet of the bilayer. An identical procedure was used for the second bilayer leaflet. In the case of mixed POPC/POPG bilayers, containing 90 POPC (70.3%) + 38 POPG (29.7%) molecules, 19 POPC lipids were randomly replaced in each of the leaflets with the same number of POPG molecules. Equilibration of lipid bilayers was performed for at least 20 ns for the POPC bilayer and 100 ns for the POPC/POPG bilayer until constant area per lipid was achieved. Oligopeptides, together with 150 mM NaCl solution and the appropriate number of chloride counterions, were placed in a unit cell with the size of ca. 6.5 x 6.5 x 13.0 nm and solvated by ~12,000 water molecules described with the TIP3P water model. The oligopeptides were simulated with the AMBER99SB force field, whereas the POPC and POPG lipid molecules were simulated using the SLipids force field.

The system was built up in a way that lipid bilayers spanned the xy plane while the z coordinate was normal to the bilayer. 3D periodic boundary conditions were employed with long range electrostatic interactions beyond the non-bonded cutoff of 1 nm. This was accounted for using using the particle-mesh Ewald procedure with a Fourier spacing of 1.2 nm. The real space Coulomb interactions were cut off at 1.0 nm, while van der Waals interactions were cut off at 1.4 nm. Semi-isotropic pressure coupling employing the Parrinello–Rahman algorithm was used independently in the directions parallel and perpendicular to the bilayer normal. The pressure was set to 1 bar with a coupling constant of 10 ps⁻¹. The temperature was set to 310 K and controlled with the Nose–Hoover thermostat, independently for the lipid, protein and water sub-systems, with a coupling constant of 0.5 ps⁻¹. All bonds within the lipids and peptides were constrained using the LINCS algorithm, whereas bonds in water were kept constant using the SETTLE method. Equations of motion were integrated using the leap-frog algorithm with a time step of 2 fs. After equilibration of systems for at least 20 ns, a subsequent 400 ns simulation time was used for analysis. All MD simulations were performed using the GROMACS program package, version 4.5.4.

Results

Arg₉ and Lys₉ Binding Studies with POPC. In a first set of experiments, the interactions of Arg₉ were explored with supported lipid bilayers containing POPC (Figure 4a). To begin an experiment, 10
mM PBS buffer with 150 mM NaCl at a pH of 6.4 was continuously flowed over the bilayers and fluorescence images were captured every five minutes until stabilization of the fluorescence signal intensity was achieved. At this point, the original buffer solution was exchanged for one containing a fixed concentration of Arg9 and the process was repeated over a peptide concentration range of 0 to 100 μM. An example plot of the fluorescence micrograph data is provided in the supporting information section (Figure S3). Figure 4a shows the change in fluorescence intensity (ΔF) for this system with respect to the maximum decrease that can be extrapolated from a saturation concentration of the peptide (ΔF_max). The error bars represent standard deviations from at least three measurements. As can be seen, the fluorescence decreased after introducing lower concentrations of Arg9 before leveling off at higher peptide concentrations.

It is possible to fit a binding isotherm to the data in Figure 4a by plotting the change in fluorescence intensity normalized to the maximum change in fluorescence for a saturation concentration of peptide. It should be noted that the data do not fit very well to a simple Langmuir isotherm. Instead, the Hill-Waud (eqn. 1) binding model was employed, which takes into account cooperativity in the binding process:

\[
\frac{\Delta F}{\Delta F_{\text{max}}} = \frac{([P]^n)}{(K_D)^n + ([P]^n)}
\]

where ΔF/ΔF_max is the normalized measured fluorescence intensity value due to the equilibrium binding of peptide to the bilayer surface, ΔF_max is the maximum change in the fluorescence intensity at a peptide concentration that would saturate the bilayer surface, [P] is the bulk peptide concentration, K_D is the apparent dissociation constant and n is the Hill coefficient of cooperativity. The Hill-Waud eqn. reduces to a simple Langmuir isotherm for n = 1 (the non-cooperative case). For n > 1, the binding behavior is defined as cooperative, but is anti-cooperative for n < 1. The fitted data yielded a K_D value of 890 nM with n = 0.39. The low value of n is expected because the first peptide interacts with an essentially uncharged membrane, but subsequent peptides need to bind to a surface with a positive interfacial potential that increases with peptide loading. A positive surface potential will electrostatically repel the positively charged peptides from the double layer above the bilayer surface, leading to the observed anti-cooperative binding effects.

Next, a similar set of experiments as described above was repeated with Lys9 in place of Arg9. In this case, no peptide was found to associate with the bilayer surface as there was no modulation in
fluorescence intensity at peptide concentrations up to 500 µM (Figure 4b). This result is striking as it indicates that simply changing the positive charge on the side chain from a guanidinium moiety to an amino group has a dramatic effect on the peptide interactions with phosphatidylcholine lipids.

It should be noted that the presence of ortho-rhodamine B dye in the bilayers is expected to affect the interactions of the peptides with the membrane because the dye molecules bear a net negative charge, which should interact electrostatically with Arg₉ and Lys₉. This idea was explored by varying the concentration of dye in the bilayer (Figure S4). It was found that increasing the concentration of dye decreased the measured dissociation constant. Extrapolating the Kₒ value to conditions without any dye in the membrane yielded a Kₒ value of 60 µM. Control experiments were performed in the absence of membrane-bound dye by using total internal reflection fluorescence microscopy (TIRFM) with TAMARA-labeled Lys₉ and Arg₉. These results, which are discussed in the Supporting Information section, yielded Kₒ = 70 µM for Arg₉, while also showing that Lys₉ did not interact with the membrane (Figure S5). Such data is in very good agreement with the pH modulation data. To help understand the origin of the different binding behaviors of Lys₉ and Arg₉, molecular dynamics simulations were performed.

![Figure 4](image)

**Figure 4.** Binding isotherm on POPC bilayers for (a) Arg₉ (b) Lys₉ in 10 mM PBS with 150 mM NaCl at pH 6.4.

The results for simulations of POPC bilayers in the presence of both Arg₉ and Lys₉ are provided in Figure 5. The y-axis in each plot shows the number density profiles for selected chemical groups in zwitterionic POPC bilayers in the presence of six peptides (Figure 5a, 5c) and twelve peptides (Figure 5b, 5d), respectively, for the Arg₉ and Lys₉/128 lipid systems as a function of the distance from the bilayer center. In the case of arginine-rich peptides, an increased number density occurred in the bilayer head
group region where the choline and phosphate groups are located (Figure 5). Increasing the peptide concentration increased the peptide number density in the bilayer head group region (red curves in the number density profiles in Figure 5a vs. 5c), indicative of increased adsorption of Arg$_9$ at higher peptide concentrations. It should be noted that the peptide concentration at the membrane surface was only slightly enhanced compared to its number density in the bulk region away from the bilayer. In the case of Lys$_9$, the MD simulations demonstrated that the peptides did not adsorb at all (red lines in the number density profiles in Figure 5b and 5d), which is in agreement with the experimental results (Figure 4). In fact for Lys$_9$, the peptide number density at the membrane surface was depleted compared to the bulk region, which indicates that the free energy of interaction of lysine-rich peptides at zwitterionic POPC bilayers is unfavorable. The adsorption of arginine-rich peptides compared with lysine-rich peptides suggests that the interactions of the guanidinium moieties on the arginine side chain with the zwitterionic bilayer were both ion specific and decisive. In fact, it appears that the ability of the guanidinium moiety on Arg$_9$ to interact in a bidentate fashion with the phosphate moiety on the lipid head group is extremely important compared to the interactions of the amino groups of Lys$_9$, which can only interact with one head group at a time. These MD results obtained with the AMBER99SB + SLIPIDS force field are consistent with the experimental data in Table 1, which is not the case for previous MD simulations with the OPLS/AA + Berger force field where it was predicted that lysine-rich peptides should also weakly adsorb to neutral zwitterionic POPC bilayers.$^{37}$
Figure 5. Number density profiles for Arg<sub>9</sub> and Lys<sub>9</sub>, the POPC choline nitrogen atom (N), POPC phosphate P atom (P) and the oxygen water atom (OW) in pure POPC bilayers as a function of the distance from the bilayer center. Simulations were performed at low peptide concentration with both (a) Arg<sub>9</sub> and (b) Lys<sub>9</sub>. Additional simulations with (c) Arg<sub>9</sub> and (d) Lys<sub>9</sub> were also run with twice the amount of peptide.

**Arg<sub>9</sub> and Lys<sub>9</sub> binding studies with POPG and POPC.** Next, experiments were performed to probe the interactions of Arg<sub>9</sub> and Lys<sub>9</sub> with mixed POPG/POPC bilayers in a manner analogous to the procedure described above with pure POPC (Figure 6). Specifically, experiments were conducted with POPG concentrations ranging from 10 to 30 mol% in 10 mM PBS at pH 6.8 with 150 mM NaCl in the same type of flow cell devices. Experiments were also performed at pH 6.4 with 5.0 mol% POPG. It should be noted that the slightly higher pH employed with higher concentrations of POPG was necessary to keep the assay within the linear sensing range of the ortho-rhodamine B probe (see Supporting Information Figure S2 for details). For Arg<sub>9</sub>, the apparent K<sub>D</sub> values extracted from this isotherm
decreased from 460 nM to 29 nM as the concentration of POPG in the membrane was increased from 5 to 30 mol% (Figure 6a & Table 1). Moreover, both the 5 and 10 mol% POPG bilayers gave fluorescence response signals that were best fits to Hill-Waud isotherms showing modest negative cooperativity. Most strikingly, the interactions of Arg₉ with bilayers composed of 20 and 30 mol% POPG were best fit with Hill coefficients of 1.0, demonstrating no anti-cooperative effect, but instead simple Langmuir isotherm behavior.

For Lys₉, the apparent $K_D$ values extracted from these isotherms decreased from 77 μM to 2.1 μM as the concentration of POPG in the membrane was increased from 5 to 30 mol% (Figure 6b & Table 1). Moreover, the $n$ values in all cases were well below unity, indicating that the binding process was strongly anti-cooperative. This finding is consistent with previous results where it has been reported that vesicles containing anionic lipids can reverse their surface potential (from negative to positive) upon incubation with a sufficient concentration of cationic peptides.⁵⁸,⁵⁹ Therefore, as more peptides bind, they experience ever greater electrostatic repulsion from the surface as depicted schematically in Figure 1b. Also, it is known that Lys₉ will not penetrate beyond the membrane head group region.⁴⁰-⁴² It may be the case that the inability of the peptide to penetrate the bilayers is an additional factor in the anti-cooperative nature of the binding.

As noted above, Arg₉ and Lys₉ experiments involving 5 mol% POPG were performed at pH 6.4 instead of 6.8. As seen from Table 1, the Hill coefficient in this case, especially for Lys₉, is somewhat lower than for the other three POPG concentrations. Increasing the charge on the peptide by lowering the pH should increase the binding affinity to anionic bilayers for the initial peptides that adsorb, but will also lead to greater anti-cooperativity as subsequent peptides adsorb and attenuate the surface charge. This is likely the cause of the modestly greater anti-cooperativity which is observed. It is known that decreasing the ionic strength of the solution results in tighter binding for these systems, which would also speak to an electrostatic effect.⁵⁸ Additionally, a lower mol% of POPG in the bilayer should affect the average number of bound lipids per peptide,⁴³ which may be indicated by a lower Hill coefficient in these experiments.

Comparison of the apparent $K_D$ values for Arg₉ with Lys₉ reveals significantly tighter affinity for the former with bilayers containing POPG (Table 1). In fact, the equilibrium dissociation constants are roughly two orders of magnitude tighter for Arg₉ compared with Lys₉, although these differences were greater at 5 and 10 mol% POPG compared with 20 and 30 mol%. Additionally, the values of $n$ for Arg₉
associating with 5 and 10 mol% POPG were much closer to unity compared with the corresponding cases with Lys₉. The most striking difference, however, is at 20 and 30 mol% POPG where the Arg₉ binding becomes non-cooperative, while the Lys₉ binding remains strongly anti-cooperative. MD simulations were performed to help understand these phenomena, as described below.
Figure 6. Binding isotherms for (a) Arg₉ and (b) Lys₉ interactions with bilayers containing 0.5 mol% ortho-rhodamine B POPE in POPC with varying concentrations of POPG. Experiments were performed in 10 mM PBS with 150 mM NaCl at pH 6.8 for 10, 20, and 30 mol% POPG and at pH 6.4 for 5 mol% POPG.
MD simulations were run for both Arg₉ and Lys₉ with bilayers containing 30 mol% POPG at two different peptide concentrations (i.e. with 6 and 12 peptides). For Arg₉, the partitioning of the peptide to the lipid/aqueous interface was quite pronounced and became even higher as the peptide concentration was increased (Figure 7a and 7c). The adsorption of Lys₉ was also enhanced at the membrane surface (Figures 7b and 7d), but the effect was weaker than the adsorption of arginine-rich peptides as seen in the peptide number density profiles. These results, again, clearly demonstrate the role of ion specific interactions in addition to electrostatic forces, which certainly are also crucial in the absorption of the peptides at the interface.

**Figure 7.** Number density profiles for Arg₉ and Lys₉, POPC choline nitrogen atom, POPC phosphate P atom (P) and oxygen water atom (OW) in 70 mol% POPC + 30 mol% POPG bilayers as a function of the distance from the bilayer center. Simulations were performed at low peptide concentration with both (a) Arg₉ and (b) Lys₉. Additional simulations with (c) Arg₉ and (d) Lys₉ were also run with twice the amount of peptide.
Examination of the MD number density profiles above shows good qualitative agreement with the experimental data presented in the Table 1. In particular, the peptide number density profiles suggest that there is an increased propensity of Arg₉ to partition to the interface compared to Lys₉ for bilayers containing POPG. Based on the MD simulations, this enhanced absorption of arginine over lysine at the bilayer surface should be directly related to the ability of arginine-rich peptides to bind more favorably to bilayers due to interactions of the guanidinium moiety with the polar groups in the bilayer in contrast to lysine-rich peptides. Moreover, more favorable guanidinium-guanidinium interactions compared with amino group-amino group interactions represent an important factor which contributes the enhanced adsorption of Arg₉. These points are explored in more detail in the discussion section.

**Discussion.** The structural make-up of the Lys₉ and Arg₉ peptides is similar in many ways. Both peptides are highly positively charged and well-known to associate with anionic phospholipids, especially PS and PG. These two peptides, however, show markedly different behavior, both in the strength and mode of their interactions with membranes. It has been shown that lysine, although found in cell-penetrating peptide sequences such as the TAT domain of HIV, does not display a propensity to translocate across membranes to become internalized as a homopolymer (polylysine). By contrast, arginine has been found to not only improve the membrane-penetrating capacity of polypeptide sequences such as the TAT domain when it is substituted in place of the lysine residues, but also enables membrane-translocation behavior as a homopolymer (polyarginine) as well. The difference in behavior between these two amino acids clearly lies in the different chemical properties of their cationic moieties.

The binding of arginine-rich peptides to negatively charged lipid membranes is more complex than the binding of polylysine. This can be attributed primarily to the chemical specificity of the guanidinium moieties on its sidechains. Moreover, Arg-Arg interactions can overcome like-charge repulsion via their capacity for like charge ion pairing, as found in some protein structures. In fact, guanidinium ions have been specifically shown to form parallel stacks in solution, and both molecular dynamic simulations and *ab initio* calculations have confirmed the ability of guanidinium ion pairing in arginine-rich peptides as well as in solution. Guanidinium, being a planar ion, forms in-plane hydrogen bonds upon binding to anionic membranes and parallel stacking can lead to like-charge association between guanidinium ions via the weakly hydrated face of the ion. Calorimetric data has
suggested that the association of polyarginine peptides with PG lipids may involve hydrophobic interactions, and it follows that with increasing concentrations of PG in the bilayer, one would expect close range interactions to rise in significance relative to long-range electrostatic repulsions. The data in Figures 6 & 7 as well as Table 1 are consistent with the notion that anti-cooperative effects due to electrostatic repulsion are, in fact, overcome at sufficiently high POPG concentrations where the short range ion-pairing interactions of arginine are sufficiently attractive to just balance electrostatic repulsion. In other words, it appears that the generic electrostatic like charge repulsions are nearly exactly offset by specific guanidinium-guanidinium ion pairing effects to yield peptide-membrane interactions that display non-cooperative Langmuir isotherm behavior when sufficient POPG is present.

In theory, it is possible to account for the electrostatic repulsion of peptides from the bilayer surface by plotting the change in fluorescence as a function of the peptide concentration in the double layer above the bilayer interface. The interfacial peptide concentration can be determined using Gouy Chapman theory, however; this requires the surface charge of the bilayer to be known at every point on the titration curve. While our label-free assay can detect binding events, it is currently unable to quantify the absolute surface density of peptides at the bilayer interface. This makes determining the surface charge on the bilayer, and therefore the interfacial peptide concentration, quite difficult. While plotting the change in fluorescence as a function of the interfacial peptide concentration would remove long-range electrostatic effects from the binding curves, this correction would not change the interpretation of our results. An electrostatic correction will cause the n values given by the Hill-Waud fits to the data for both Arg9 and Lys9 to increase, but the measured n values for Arg9 will increase as a function of PG content in the membrane while those for Lys9 should remain constant.

Additional information about ion pairing between Arg9 peptides on POPG-containing bilayers can be obtained by plotting the radial distribution function of the central carbon atoms for pairs of guanidinium moieties on separate peptides. Such functions for selected pairs are shown in Figure 8a. As can be seen, a maximum tends to occur near 0.4 to 0.5 nm separation, which resembles the like-charge pairing of guanidinium groups. This is consistent with aggregation and dimer formation of Arg9 on bilayer surfaces with 30 mol% POPG. In the case of lysine-rich peptides, there is no evidence for intermolecular interactions between the peptides or signatures for ion pairing between the amine groups (Figure 8b). Figure 8c shows a typical snapshot of an arginine dimer adsorbed onto a POPG-containing bilayer in a top-down view, while Figure 8d shows a side-on view for the same snapshot highlighting the guanidinium pair. The existence of arginine aggregates has also been suggested to occur
in bulk solutions, but with shorter MD simulations which employed a Berger united atom force field for the lipids.

The charged amino group on lysine can be expected to interact with lipid interfaces predominately via electrostatic forces, including hydrogen bonding, although there is evidence for some hydrophobic interactions as well. The thermodynamic data shown herein, however, clearly demonstrate that this peptide experiences strongly anti-cooperativity binding to bilayers containing a wide range of POPG concentrations. Such behavior is consistent with the known gradual reversal of the interfacial potential of the membrane as more peptide is introduced. Indeed, as Lys residues begin to populate the surface, each peptide is predicted to bind up to eight PG lipids. Therefore, once all the surface POPG moieties are occupied, a reversal of the surface potential may occur. In fact, a reversal of the charge on POPG vesicles has been previously demonstrated with Lys.

**Figure 8.** (a) Radial distribution functions (RDFs) between central carbon atoms in different Arg peptides in the 12 peptides/128 lipids Arg - POPC + POPG system. The RDFs marked by arrows denote
direct contact pairs between central carbon atoms in guanidinium moieties present in long-living Arg₉-Arg₉ aggregates. (b) The same plot as (a) for the central nitrogen atoms on different Lys₉ peptides. A snapshot of (c) a top-down view and (d) a side on view two individual peptides (depicted in the blue and red stick drawings) is shown forming an aggregate in the 12 peptides/128 lipids Arg₉ – POPC + POPG system. The guanidinium groups in close contact are shown with a van der Waals representation.

Conclusions

Herein the interactions of Arg₉ and Lys₉ were explored with zwitterionic (POPC) and negatively charged mixed POPC/POPG lipid bilayers. The studies were conducted using fluorescence binding assays combined with all-atom molecular dynamics simulations. The experimentally determined apparent dissociation constants and Hill cooperativity coefficients clearly showed that Arg₉ exhibited only weakly anti-cooperative binding at the bilayer interface at lower POPG concentrations, with the anti-cooperativity vanishing when 20 mol% POPG was present. By contrast, Lys₉ exhibited strongly anti-cooperative binding behavior at all POPG concentrations. Moreover, the dissociation constants of Lys₉ were found to be approximately two orders of magnitude lower than those for Arg₉. The stronger and more cooperative interactions for Arg₉ appeared to occur both because of stronger guanidinium interactions with the lipid head groups as well as the like ion pairing ability for the guanidinium moieties.

The results found for Arg₉ and Lys₉ interactions with POPG-containing membranes may have wider biophysical implications. For example, the ability of guanidinium moieties on arginine to interact favorably at higher concentrations on the bilayer surface may provide clues to the mechanism for entry of cell penetrating peptides into cells. One hypothesis is that Arg-containing peptides can form transient toroidal pores in the membrane surface.⁵²,⁵³ Such a mechanism is consistent with the stacking interactions found herein whereby electrostatic repulsions were overcome at shorter distances. By contrast, Lys was not able to form these types of stacking interactions and pore formation and peptide entry would not be able to occur via this pathway. Other hypothesizes can also be tested using simple model studies like the ones described herein. Understanding the mechanisms for membrane penetration in synthetic peptides as well as in naturally occurring proteins such as penetratin or the Tat protein remains an important challenge with implications for the ability to efficiently deliver drugs across cell membranes.⁴ Also, the ability to elucidate interaction specifics such as the hydrophobic
stacking ability of arginine will allow for a more detailed understanding of these systems and should aid in the design of more effective molecules for use in CPP strategies.

Acknowledgements

P.S.C. wishes to thank the Office of Naval Research (N00014-14-1-0792) for funding. P.J. thanks the Czech Science Foundation (grant no. 16-01074S) and the Academy of Sciences of the Czech Republic for the Praemium Academie award. P. J and M. V also acknowledge the Academy of Finland for the FiDiPro award. M. V. is grateful to the Croatian Academy of Science and Arts for the financial support and CSC—IT Centre for Science (Espoo, Finland) for computational resources (project number tty2030).
Supporting Information

Additional information concerning the separation of rhodamine B isomers, peptide synthesis, and fluorescence microscopy experiments is presented in the supporting information.
References


**Table 1.** Apparent dissociation constants ($K_D$), Hill coefficient of cooperativity, $n$, and apparent $pK_a$ values for POPC lipid bilayers with varying concentrations of POPG lipids.

<table>
<thead>
<tr>
<th>mol% POPG + mol% oRB</th>
<th>Lys$_9$</th>
<th>Arg$_{89}$</th>
<th>ortho-rhodamine B</th>
<th>apparent $pK_a$</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$K_D$ (µM)</td>
<td>$n$</td>
<td>$K_D$ (µM)</td>
<td>$n$</td>
</tr>
<tr>
<td>0 + 0</td>
<td>NA</td>
<td>NA</td>
<td>70 ± 19$^*$</td>
<td>0.75$^*$</td>
</tr>
<tr>
<td>0 + 0.5</td>
<td>NA</td>
<td>NA</td>
<td>0.89 ± 0.38$^*$</td>
<td>0.39$^*$</td>
</tr>
<tr>
<td>5 + 0.5</td>
<td>77 ± 20$^*$</td>
<td>0.12$^*$</td>
<td>0.46 ± 0.047$^*$</td>
<td>0.68$^*$</td>
</tr>
<tr>
<td>10 + 0.5</td>
<td>55 ± 3</td>
<td>0.22</td>
<td>0.12 ± 0.016</td>
<td>0.73</td>
</tr>
<tr>
<td>20 + 0.5</td>
<td>2.5 ± 0.5</td>
<td>0.24</td>
<td>0.039 ± 0.005</td>
<td>1.0</td>
</tr>
<tr>
<td>30 + 0.5</td>
<td>2.1 ± 0.8</td>
<td>0.19</td>
<td>0.029 ± 0.007</td>
<td>1.0</td>
</tr>
</tbody>
</table>

* assay performed at pH 6.4; all others performed at pH 6.8

$^*$assay performed with TAMRA dye labeling, rather than membrane labeling